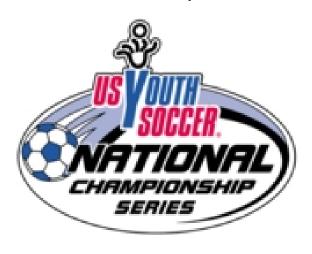


2014 US Youth National Championships Germantown, Maryland

# Teams by the numbers...

- 10,000 teams out of 187,000+ are accepted into State Cup
  National League competitions
- 96 make it to Nationals
- ▶ 14 are crowned National Champions



# Referees by the numbers...

- Over 140,000 USSF Referees
- About 900 around the US get selected for US Youth Regionals
- Only 96 get selected to the US Youth National Championships



# Mark Geiger- FIFA Referee







### Game Days

- > 5:45am Wake up
- ► 6:00am Breakfast
- ▶ 6:30am Leave for Fields
- 7:00am Meet Crew Pregame Starts
- 8:00am Games Kick-off
- ▶ 10:00am Games done
- ▶ 10:30am Crew Debrief
- ▶ 11:00am Meet Crew Pregame Starts
- ▶ 12:00pm Games Kick-off
- 2:00pm Games done
- ▶ 2:30pm Crew Debrief

- 3:00pm Leave for Hotel
- 3:30pm Stretch, Shower, Recovery
- 4:00pm Small Nap
- > 5:30pm Leave for Dinner
- 7:30pm Return to Hotel
- 8:00pm Referee Meeting
- 9:00pm Referee Training
- ▶ 10:00pm Assignments Released
- 10:30pm Delegation Meeting
- ▶ 11:30pm Lights-out

#### The Path?

- How did I get to where I am?
  - ▶ Take advantage of every opportunity
  - Work every match to the best of your ability
    - There is always someone watching
  - Keep others close around you in your "loop" & let them know what is going on
    - ► Talk to your assignors, mentors, fellow referees you look up to, your "round table group" about your goals and what you want to accomplish
    - Keep your schedule updated
  - ▶ Get the simple things right, the big things will take care of themselves

# How to get to where you want to go?

- Set your own goals both short and long term
  - Realize the steps to reach your goals
- Be willing to listen and take criticism
  - ▶ Be able to realize faults in your own game
  - ▶ Take information from others and apply it to yourself
- Ask questions, no question is a stupid questions
  - We want you to get it right
- Be professional at ALL times
- Enjoy what you do, no matter why you do it
- "Control the controllables"